



Bigger, Faster...But I'm Smarter Fill in the Blank

people	computer	understand	important	hospital
damage	acting	body	head	consciousness
protective	concussion	accidents	swelling	environment
body	things	Concussions	helmet	places
brain				

Concussions occur when your brain gets injured. Your brain is the computer for your body and controls all the different organs and its parts. It helps you to understand what is happening inside and gives your body information about what is happening in your environment. This information helps you adjust and keep your body safe. Your brain also controls how you feel about people, places and things that are in your life.

When a concussion occurs, your brain temporarily loses its abilities, like a power outage. This could be a loss of consciousness (fainting) or people around you may notice changes in the way you are acting. A concussion is caused when a person's head is hit by an object, they fall and hit their head, or their head is shaken with force. Children are more prone to concussions. If you have experienced any accidents or impact to your head seek immediate medical attention. It is important to get checked out even if you do not feel any immediate symptoms. They do not always show up right after the injury.

The doctor may suggest you take some tests at a hospital. Most of the time you will be asked to take a break and guard against repeat concussions. Your brain needs to rest so that any swelling inside your head can go down and any fluid that has been shaken can settle back into place. Repeat concussions lead to additional damage to your brain that may not heal.

To prevent concussions, wear protective equipment such as a helmet. Drive and ride intelligently by using seat belts and obeying the speed limits. Your brain is precious. Take care of it!

